



General Resources for *Interning Abroad*

10 Benefits for Interning Abroad:

1. **Cross-cultural skills and sensitivity:**

Because you will be working with local employees (and quite possibly employees who don't speak English), you have the opportunity to learn from the people you meet in the workplace and outside it. Almost every job posting, regardless of industry, highlights cross-cultural skills and sensitivity as a key requirement.

2. **Escaping the American bubble:**

Not only will you be living in a foreign country, you will also be working in an office that could be entirely different from the typical American office environment. Adapting to a new office environment shows flexibility on your part and a willingness to learn.

3. **Transferable skills:**

Even if your internship has little to do with the career path you choose to follow in the future, odds are that you will learn and refine transferable skills to help you in your job search, such as: flexibility, written and oral communication skills, and critical thinking and analysis (just to name a few).

4. **A lesson in independence:**

Much like studying abroad, interning abroad requires (and helps you develop) a certain level of independence. Depending on how you find an internship – on your own or through a program provider – there will be things to arrange before your internship, like housing, a work or internship visa, and academic credit at your home university. Program providers guide you through this process and help you navigate foreign bureaucracy. Either way, navigating your host country and city will be up to you; think of it as the personal development that comes along with the professional development of your internship.

5. **Networking:**

Through your internship you'll be able to build an international network of contacts. The people you develop relationships with could help you secure a lead on a job in your field or host country, or perhaps even a job offer at the end of your internship. At the very least, you can ask your boss for a recommendation for future job applications.

6. **Gaining experience in your field:**

If you know what field you're interested in, you can gain the practical experience you need to get ahead in the field. Employers are much more likely to hire someone who already has at least some experience in the field than someone who does not have any experience at all.

7. **Gaining new skills:**

If you're unsure about what you want to do after graduation, interning abroad gives you the opportunity to test something out. You may decide it's the perfect career field for you. But you might also decide you would rather pursue something else, and that's OK too. But, you will be glad you had the opportunity to try it out first.

8. **Earning academic credit:**

A lot of universities allow you to earn academic credit for your internship experience, and some even require international or domestic internships to fulfill graduation requirements. Interning abroad is a way to earn credit and gain experience, all while having the weekends free to travel and experience the local culture.

9. **Increased language proficiency:**

Even if you have been studying a language for years and studied abroad in that language, interning abroad in your country of choice enables you to learn a new set of vocabulary. Whether it's learning the right words to communicate with customers, discussing work specifics with your colleagues, or learning technical vocabulary related to your industry, you will only increase your language proficiency!

10. **Standing out:**

According to Open Doors data from the Institute of International Education, only 273,996 students studied abroad in the 2010-2011 academic year. Even fewer students complete international internships every year. This means you will stand out to future employers, especially if you convey what a meaningful experience your international internship was, both personally and professionally.

Sourced from: <http://www.lifeafterstudyabroad.com/intern-abroad/top-10-benefits-of-interning-abroad/>

Things to consider when searching for an internship experience abroad:

• Cost & Duration (8 weeks recommended)	• Type of Work and Skills You Want to Improve
• Option for Academic Credit	• Industry and Applicability to Career Path
• Language Requirements	• Mission of Company
• Accommodation and Transportation	• Onsite Support Services

Program Providers & Organizations

<p style="text-align: center;">Edgewood International Internship Cohort Program http://edgewood.abroadoffice.net/welcome.html</p>	<p>This hybrid study abroad program offers students an independent professional development opportunity, while benefiting from a group structured program! Nervous about interning abroad alone? This is a great program for you!</p> <ul style="list-style-type: none"> • Customized 8-week long internship based on major and interest. • Summer (End May- Late July) • Required 6 credits toward graduation and/or major internship requirements. • Open to all majors- strong placements for Psychology, Business, Communications, Computer Information Systems. • Program Fee \$6950 (Summer 2018) <p>Placement: Dublin, Ireland</p>
<p style="text-align: center;">ISEP https://www.isepstudyabroad.org/</p>	<p>Semester or Academic Year Exchange Programs with an option to intern during the semester. *Programs are not always formalized with the Host University. Often students need to independently seek out internships onsite upon arrival.</p> <ul style="list-style-type: none"> • Take internship course with Host University for credit. • Credit based on university (3-6 credits) • Cost included in program fee. <p>Highlighted Programs: Vesalius College, Belgium; Università Cattolica del Sacro Cuore, Italy; University of Ghana, Ghana; University of Botswana, Botswana</p>
<p style="text-align: center;">ISA https://studiesabroad.com/experience/internships</p>	<p>ISA Internships provides unique opportunities to develop personally and professionally through high-quality global internship experiences. They offer full-time, structured, unpaid international internships in a wide variety of career fields and business sectors around the world with the option to receive academic credit, with the goal of finding the right international internship for each participant based on their area of study, skills and future career goals. All ISA Internship locations have the option to intern in English, unless the participant has host language proficiency.</p> <ul style="list-style-type: none"> • Customized 8-week long internship based on major and interest. • Optional 6 credits toward graduation and/or major internship requirements • Open to all majors! • Summer OR During Semester + Other Courses • Program Fee Dependent on Location: \$5,200 - \$7,850 <p>Placements: Australia, Chile, China, England, Ireland, New Zealand, South Korea, Spain.</p>

<p style="text-align: center;">API https://www.apistudyabroad.com/intern/</p>	<p>By interning abroad, you are beginning on the Path to Personal and Professional Excellence. In addition to test-driving a potential career avenue through a customized internship placement overseas, API programs have been developed to give you the best career development training and resources as you prepare for a meaningful and successful career.</p> <ul style="list-style-type: none"> • Customized 6 or 8-week long internship based on major and interest. • Optional 6 credits toward graduation and/or major internship requirements. • Open to all majors! Recommended for STEM students. • Summer OR During Semester + Other Courses • Program Fee Dependent on Location: \$5,250 - \$7,995 <p>Placements: Argentina, Australia, Chile, China, England, Ireland, New Zealand, Scotland, Spain.</p>
<p style="text-align: center;">CRCC Asia https://www.crccasia.com/</p>	<p>Learning to live in a new culture and work with speakers of a foreign language presents an opportunity to expand your horizons and challenge yourself. You will need time to adjust to your new settings and you must find a balance between your professional and personal development.</p> <ul style="list-style-type: none"> • Open to all majors! Recommended for Business, Communications, Political Science, Fine Art and CIS majors. • 1 – 3 month placements. • Option for Intensive Language courses and/ Travel Days for additional fee. • Program Fee Range \$2,110 - \$9,565 (based on placement choice and location). • Optional credit – discuss with Edgewood CGE staff. • Scholarship Opportunities with CRCC Asia! <p>Placements: China, Japan, Vietnam, United Kingdom</p>
<p style="text-align: center;">Work the World https://www.worktheworld.com/internships-hub</p>	<p>On a Work the World overseas internship you'll encounter unfamiliar tropical diseases, as well as a new healthcare system. You'll hone your skills, develop as a professional, and leave with memories to last a lifetime. What's more, our expert team work with you to create a unique cultural and educational experience that matches your current skill level.</p> <ul style="list-style-type: none"> • Medical Internships in the following areas: Nursing, Midwifery, Dental, Physical Therapy, Radiology, Pharmacy, Occupational Therapy • 2 – 6 weeks (option to add additional weeks) • Depart Anytime. • Program Fee Range \$1,790 – 3,690 (dependent on location and duration) <p>Placements: Cambodia, Ghana, Mexico, Nepal, Peru, Philippines, Sri Lanka, Tanzania, Zambia.</p>
<p style="text-align: center;">INTERNSHIP DATABASE Go Abroad https://www.goabroad.com/intern-abroad</p>	<ul style="list-style-type: none"> • Directory of over 25,000 opportunities. • Search for programs by country, duration, region, and type of internship.